

Newsletter

Issue 2

23 February 2017



Alistair Luke

Principal



The traditional busy term one has reached fever pitch this week with three major school events over Wednesday, Thursday, and Friday. On Wednesday, the year 7-13 students enjoyed a highly successful athletics day with Williamson taking the overall spoils as the sun shone over the athletes on the track and in the field. Thursday sees years 4-8 competing in their annual swimming sports event. Good luck to all competitors involved.

Friday sees the week reach its climax with the PTA Fete for 2017. So much work has gone into making this event successful and we wish to acknowledge the work of Jodi Milne as Chair and the other members of the PTA who voluntarily work to ensure that our students have opportunities above and beyond what a school could otherwise offer. It looks as if the weather gods will smile on the event. Get along between **4 and 7pm on Friday** to enjoy the many activities and talented performers on offer.

It has been fantastic to get around town and beyond over the past few weeks and see the range of activities that our students are able to participate in.

We have had Whangamata Area School students representing clubs in Swimming, Surf Lifesaving, Surfing and Touch Rugby. Activities such as Dance, Touch, Boardriders, and Junior Surf Lifesaving provide amazing opportunities for our young people to enjoy the magnificent natural playground that our region offers. Well done to the students who are "saying yes" to these opportunities. On that note a range of further opportunities will emerge over the coming weeks with winter sports musters and pre-season trainings kicking off, and cultural opportunities such as Stage Challenge looming also. School is a highly rewarding experience when students take advantage of the many positive experiences on offer.

It is slightly concerning to see the number of secondary aged students bringing soft drinks and energy drinks into school. These sugar, and often caffeine dense drinks do not provide the hydration or nutrients necessary for good learning. It is highly recommended that students carry a water bottle with them at all times but there can be no complaint if soft drinks or energy drinks are confiscated. I

would greatly appreciate your support in this matter.

Over the last few years we have been closed for year 9-13 students on the Friday of Beach Hop. With term one losing the last Friday to a public holiday, we will be **open for all students on Beach Hop Friday**. If a student is genuinely required by an employer on this day, then a note from either parents or the employer can be provided to this end prior to the date.

With the weather still warm and the swathes of holiday makers back into the routine of city life, now is a great time to live in Whangamata. Enjoy the next few weeks gearing up for Beach Hop.

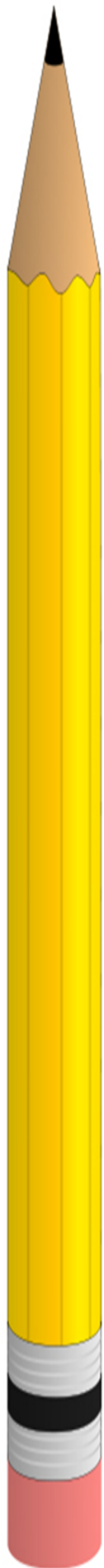
Nga Mihi

Contact
information:

Email:
office@whangamata.school.nz

Phone
07 865 8557

Website:
www.whangamata.school.nz



Year 1—6

Tena koutou,

Welcome to week 4. What a busy time it is at the moment. Swimming Sports on Thursday and the Fete on Friday. Walking around the school and visiting classes everyone seems happy and engaged in their learning.

Last week we were very lucky to have Jonathon the Magician give a performance. His show was amazing and engaging for not just the students but also the adults. The children were in awe of his trickery. We would like to thank Andrew McClain from Z Energy for sponsoring the show.

The swimming sports has been extended to include the year 7 and 8 students

Sue Brookes

Deputy Principal

Yr 1-6



because the Senior sports were cancelled. The job of organizing events and heats is not an easy one and I would like to thank Ruth Hanner for everything she has done to help with this event.

It is great to see most students remembering their hats.

Teachers are doing a lot of assessment over the next two weeks to see where the children are at with their learning. This information will be used to identify next steps for the children. We have had a lot of sickness in the past week so we will be doing some catch up with students who have been absent.

Regards **Sue Brookes**

Assembly Awards

Room 1 Samuel Mulholland	Room 20 Ryder MacKenzie/ Taryn Woolley / Charlotte Lima
Rm 8A Tutia Te Aho / Claudia Morrison	Rm 8B Caitlin Wairepo-McNee / Max Mills
Rm 9 Pereriki Walker / Neiko Jackson	Room 3 Paulina Andritsch / Jade Wilson
Room 4 Kate Turnbull / Ashlee Grover	Room 5 Poppy Robinson / Zuma Falconer
Room 6 Lachlan Scott, / Eli Burke / Fiona Robson	Room 7 Nova Reynolds / KJ Hansen
Rm 8B Caitlin Wairepo-McNee / Max Mill	



Primary Nocturnal Enuresis – Night time bed wetting.

Hi all, yes it seems like a strange topic to choose for this edition of the newsletter but bedwetting at night is a very common concern for children, teenagers and their parents. It can cause distress, and anxiety, especially when wanting to attend camps and having sleep overs with friends.

It is not a case of a lazy child or a deep sleeper, there is more to it than that, and there is help out there and it may be fixed with a simple routine fluid regime.

Nocturnal Enuresis/ bedwetting is more often caused by dehydration which causes the bladder to not be given a chance to do its job correctly. It can also be caused in childhood by a delayed production of the Anti-Diuretic Hormone, a hormone which affects urine production when we sleep at night, this delayed hormone production is often passed down through families, so if you wet the bed as a child your children might too and it may resolve at the time yours did as well, once the hormone has started working.

I often find children who wet the bed at night actually stop drinking water as they feel if they don't drink then they will not wet the bed, this unfortunately compounds the problem and makes the wetting worse. Having an adequate fluid intake during the day, that fills the bladder completely, is the key to healthy bladder function at night.

There are a lot of avenues you can go to for information on Enuresis. I recommend looking online at www.kidshealth.org.nz

Public Health Nurses also offer a 6 week Enuresis Programme of support and information for the child and family. We complete a health assessment, support you and your child to set a healthy fluid regime, meet with you regularly throughout the programme to give encouragement and support, and we also have bed alarms available to loan if required.

If you would like support with bedwetting or any health issue for your child please contact me: Tracey Hilt –021 2417800



Netball 2017

All those that would like to play netball this season can you please put your names down at the office. I need name, what year you are in and contact details please.

Junior Girls Basketball

If you are in year 9 and 10 and would like to give basketball a go please come to our practice on Mondays at 3.15pm in the school gym. You will need good sneakers and a water bottle. We play at Mt Maunganui on Wednesdays starting next term.

SCHOOL FETE 24 FEB 4-7pm



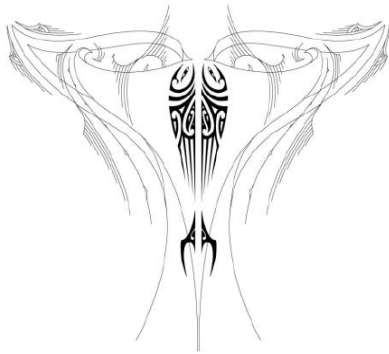
BRING and BUY STALL : Pre loved children's toys, books and puzzles

Time to recycle those toys that your child no longer plays with. Please only send toys and puzzles that are in saleable, clean and complete condition. Sports equipment, sandpit toys and jewellery also accepted.

Collected by Mrs Spencer Room 3. Drop off at Room 3 any day or you can drop off at the stall on the day.

Second Hand Book Stall

All donations of books, DVD's & jigsaw puzzles greatly accepted. Happy to collect from you. Any queries please phone Jan Shanks at the School Library.



Whangamatā Community Marae Inc.

113c Ngatipu Place

027 428 7258 - ryan@whangamataevents.co.nz

Invitation

We would like to invite you and your whanau to Wānanga with other whanau from our community.

“Ehara taku toa i te toa takitahi, engari he toa takitini ke!”

Kaupapa: Te Reo Māori me Ōna Tikanga & Rāranga Harakiekie

Kei hea? Kei Te Piringa, Archilles Ave ki te taha ō te Kindergarten ō Whangamatā.

Ä hea? Mai i te haurua i te rima karaka tae noa ki te waru karaka, i te po.

5:30 - 8:00pm / 7th March / Te Piringa

Dinner and refreshments will be provided. Please RSVP by email or text (details above)

RAINBOW'S END
FUN ON DEMAND

NIGHT RIDES

ALL RIDES OPEN
LIVE MUSIC
FUN FOR ALL THE FAMILY
AMAZING RIDES & ENTERTAINMENT

6-11 PM SATURDAYS:
MARCH 4, 11, 18 & 25

NIGHT RIDES SUPERPASS PRICES:
• ADULTS \$39 ONLINE (\$42 AT GATE)
• CHILDREN \$34 ONLINE (\$37 AT GATE)
• KIDZ KINGDOM (OUTDOOR ONLY)
• OPEN UNTIL 9PM \$22
• SPECTATOR PASSES ONLY AVAILABLE WITH KIDZ KINGDOM TICKET \$15
• SEE WEBSITE FOR MORE GREAT DEALS

LIVE ACTS

- 4** TY
- 11** IDENTITY DANCE COMPANY
- 18** LJ
- 25** VINCE HARDER

THE NZ FIRE KNIFE CHAMPIONSHIP

DJ MANCHOO

BUY ONLINE & SAVE

WWW.RAINBOWSEND.CO.NZ
PHONE 09 262 2030

Our thanks to
Rainbow's End who
provide 2 free day
passes valued at
around \$59.00 each
for 2 deserving
students at the end
of term assembly



NEW WORLD Summer Fete

WHANGAMATA
AREA SCHOOL

Friday, 24th February 2017
4.00pm-7.30pm

Featuring Jamie McDell

Live entertainment, Inflatable Games,
Gourmet Food, Beer and Wine,
Heaps of fun activities, Raffles etc

SPONSORS:

KoolFM • Fairview Windows • Hansen Builders • Usher Law
Flooring Xtra • Love Knot War Ltd • Surge Electrical

Whangamata

REAL ESTATE LTD

COMMUNITY POOL

12.03.2017

FAMILY FUN DAY

- *\$400 worth of prizes**
- *Fun games for all ages**
- *Teams of 4**
- *Free Entry if you register
before 5th March**

STARTS AT 2PM / FOOD & DRINK/SPECTATORS &
SUPPORTERS WELCOME



**Register your team on our
facebook page or at the pool
112 Achilles Avenue.**

TERM 1 CALENDAR		
Wk		
4	20	Yr 1-8 Assembly / Life Ed Trust
	21	
	22	Years 7-13 Athletics
	23	Years 3 – 6 Swim sports
	24	Year 9 Outdoor Education / Full School Assembly / School Fete
5	27	
	28	4 schools swimming sports
	1 March	
	2	Thames Valley Swimming years 9-13
	3	Year 10 Outdoor Ed bush survival / 4 schools back up /Kapa Haka 7-13
6	6	HPV dose 1 year 8
	7	NZQA Seminar
	8	Year 9-13 Thames Valley Athletics
	9	
	10	Yr 11 Outdoor Ed tramp / TV Athletics back up / Kapa Haka yr 7-13 / year 7-13 Assembly
7	13	Year 7 – 13 Vision screening /Band week
	14	
	15	Yr 12-13 Outdoor ed kayak
	16	Yr 12-13 Outdoor ed kayak /
	17	Yr 12-13 Outdoor ed kayak /
8	20	
	21	
	22	Beach Hop
	23	Beach Hop / Thames Valley Touch Yr 9-13
	24	Beach Hop / Full School Assembly / Kapa Haka YRs 7-13
9	27	
	28	
	29	
	30	
	31	Electoral Office yr 13 / Kapa Haka Yr 7-13
10	3 April	
	4	
	5	
	6	Academic Mentoring Programme (AMP) interviews years 9-13
	7	Years 7-13 Assembly / Attitude Health Programme
11	Sunday 9	Year 12 – 13 Parihaka History trip
	10	Year 12 – 13 Parihaka History trip
	11	Year 12 – 13 Parihaka History trip
	12	Year 12 – 13 Parihaka History trip
	13	
	14	

This calendar was correct at time of printing. For confirmation on any of these entries please contact the teacher involved or the school office